

Red Tent Temple



Saturday Oct. 24th 5-9pm

Red Tent Temple gatherings are inspired by the Anita Diamant novel “Red Tent”, which describes how tribal women gathered to rest from their duties, to care for one another’s comforts, and to share the lore and wisdom of the people. It’s a place for women to nurture ourselves and each other simply by being who we are and asking for what we need. We share our stories, share our wisdom, listen deeply, rest, play, and rediscover parts of ourselves we may have lost. This is a Sacred Circle where *all* women are welcome.

**This month’s circle includes a Musical
Improvisational exercise led by
Creative Arts Therapy Facilitator,
Kathy deDrama**



323 Harris Place, New Milford, NJ 07646
Please RSVP to lisa@bellymamas.com or
kathydrama@msn.com or call 201-881-6338

Investment: sliding scale available from \$20-\$40
**Open House will be from 5-7 PM. Arrive anytime to enjoy refreshments and
conversation. The Circle will gather at 7 PM and end at 9 PM.**